Twin Falls Senior Center
Serving the Community
TFSC
One Heart at a Time...

Twin Falls Senior Center
Second Annual 5 K Fun Run
Saturday, May 6, 2017

All run proceeds benefit the Twin Falls Senior Center

The Run begins at the <u>Rock Creek Canyon Parkway</u> trail head down from the Twin Falls City Parks and Recreation Office (136 Maxwell Ave) at 9:00AM

Pre-Registration: Individuals - $20 ***Family of four or more - $50***
Run Day Registration: Individuals –$25 ***Family of four or more- $65***

Name: _____

Address_____ City _____ Zip _____

Phone #_____ Email _____

Pre–Registration Costs : **Individual:** $20 Run _____ **Family of Four:** $50 Run _____
Run Day Registration Costs : **Individual:** $25 Run _____ **Family of Four:** $65 Run _____

Name/Ages of Runners: 1)_____ Age_____ 2)_____ Age_____

3)_____ Age_____ 4)_____ Age_____

Please Circle T-Shirt Size **Adult** S M L XL **Children** S M L XL
Total # of Adult Shirts _____ Total # of Children Shirts _____

Make checks payable to: Twin Falls Senior Center Mail Registration to: PO Box 23, TF 83303

Release of Liability

I know that running/walking in a 5K race is a potentially hazardous activity. I represent that I am medically able and properly trained to participate I this event. I assume all risks associated with this event including, but not limited to, heat exhaustion, falls, and contact with other participants, effects of the weather, etc., all such risks being known and recognized by me. I hereby, for myself and anyone entitled to act on my behalf, waive and release the Twin Falls Senior Center and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature_____ Date_____

_____Date _____
Parent's Signature (If under 18 years of age

For Event pre-registration & general information
Call 208-734-5084 or Email Jeanette Roe at info@tfseniorcenter.com
Thank you for your participation and support!!