



OCTOBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>SPECIAL OCT. 2017 ENTERTAINMENT</i>	11:30 Wed., OCT. 11 MICHAEL JOHNSON	11:30 Wed., OCT. 18 MV GEM FIDDLERS	11:30 Wed., OCT. 25 LEGACY BAND	11:30 Every Thur. ORGAN MUSIC	Saturday, OCT. 14 8:45-10:00am TF CITY COUNCIL CANDIDATE FORUM	Saturday, OCT.14 8:00 am - 10:30am FUNDRAISING BREAKFAST
Sunday 2017-10-01 NOTE:	Monday 2017-10-02 Cheesy Chicken & Rice	Tuesday 2017-10-03 Fish Fillet w/Tarter Sauce	Wednesday 2017-10-04 Fried Chicken	Thursday 2017-10-05 Sweet & Sour Pork	Friday 2017-10-06 Spaghetti w/Meat Sauce	Saturday 2017-10-07 NOTICE
Room Codes QR - Quilting Room CR - Card Room CFR - Conference Room MPR - MultiPurpose Room RR - Relaxation Room MH - Main Hall	9:00 Quilting (QR) 10:30 - Fit & Fall Proof Exercise (MH) 11:45 Mega Monday Game (MH) 1:00 Tai Chi Class (CFR) 1:00 - Monday Bridge (CR) 1:30 - Art Class (CFR) 4:30 TOPS Meeting (CR)	11:45 Ticket Tues Game (MH) 1:00 Hand&Foot Canasta (CR) 3:30&6:30-Art Class (RR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 10:30 - 1:30 Senior LIFE Choices Education Fair Sponsored by Harrison's Hope Hospice 1:00 Tai Chi Class (CFR) 1:00 Duplicate Bridge (MPR) 5:30pm - Laughter Therapy (MH)	11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 1:00-Thursdays Pinochle (CR) 1:00 Hand&Foot Canasta (CR) 3:30& 6:30 - Art Class (CFR) 6:00pm - Ladies AA (MPR)	9:00 Quilting (QR) 10:30-Fit & Fall Proof (MH) 11:45-Lunch BINGO (MH) 12:15 ID Home Health & Hospice (MH) Nutrition for healthy Cholesterol Levels 1:00 Tai Chi Class (CFR) 1:30 - Art Class (CFR) 5:00-7:30 Bountiful Basket Pickup (MH)	2018 MEDICARE Advantage & Prescription Part D OPEN ENROLLMENT October 17 - December 7 Schedule your SHIBA Appt at the Senior Center today CALL 208-734-5084
Sunday 2017-10-08	Monday 2017-10-09 Baked Ham	Tuesday 2017-10-10 Baked Potato Bar	Wednesday 2017-10-11 Chicken Fried Steak	Thursday 2017-10-12 Caesar Chicken	Friday 2017-10-13 Beef tips w/gravy	Saturday 2017-10-14 \$7 Fundraising Breakfast
12:00-4:00 DUPLICATE BRIDGE (MPR)	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:30 Sheery Brennan (MH) Ballads of a Lady 11:45 Mega Monday Game (MH) 1:00 Tai Chi Class (CFR) 1:00 - Monday Bridge (CR) 1:30 - Art Class (CFR) 4:30 TOPS Meeting (CR)	10:30 - Foot Clinic (RR) 11:45 Ticket Tues Game (MH) 12:15 Heritage Health Services (MH) What Hospice really is 1:00 Hand&Foot Canasta (CR) 3:30&6:30-Art Class (RR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:30 Michael Johnson (MH) 12:45 - ID Volunteer Lawyer's (CFR) Answering your Legal Questions 1:00 Duplicate Bridge (MPR) 1:00 Tai Chi Class (CFR) 5:30pm - Laughter Therapy (MH)	6:30 - 9:00 City of Twin Falls Employee Breakfast (MH) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 1:00-Thursdays Pinochle (CR) 1:00 Hand&Foot Canasta (CR) 3:30& 6:30 - Art Class (CFR) 6:00 - Ladies AA (MPR)	9:00 Quilting (QR) 10:30-Fit & Fall Proof (MH) 11:45-Lunch BINGO (MH) 12:00 Community Foundation Mtg (CR) 1:00 Tai Chi Class (CFR) 1:30 - Art Class (CFR)	TWIN FALLS CITY COUNCIL CANDIDATE FORUM & BREAKFAST 8:00-10:30 am STUFFED FRENCH TOAST HAM, SAUSAGE, HASHBROWNS, EGGS, BISCUITS & GRAVY FRESH FRUIT, BREAD TRAYS COFFEE, MILK, JUICE 11:00-3:00 Pioneer Button Club Mtg (MH)
Sunday 2017-10-15 NOTICE	Monday 2017-10-16 Breakfast Bar	Tuesday 2017-10-17 Polish Sausage	Wednesday 2017-10-18 Mushroom Chicken	Thursday 2017-10-19 Pork Tenderloin	Friday 2017-10-20 Meatloaf	Saturday 2017-10-21
2018 MEDICARE Advantage & Prescription Part D OPEN ENROLLMENT October 17 - December 7 Schedule your SHIBA Appt at the Senior Center today Call 208-734-5084	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 City of Twin Falls (MH) Senior Citizens Advisory Forum 1:00 - Monday Bridge (CR) 1:30 - Art Class (CFR) 4:30 TOPS Meeting (CFR) 5:15 pm - TFSC Board Mtg (CFR)	9:00-4:00 SHBA Appts (RR) 11:45 Ticket Tues Game (MH) 1:00 Hand&Foot Canasta (CR) 3:30&6:30-Art Class (RR) 4:30 TOPS Meeting (CFR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 10:30 Alzheimer's Support Group (CR) 10:30 - 1:30 Walgreens Flu Shot Clinic (CFR) 11:30 Alliance Home Health Care Blood Pressure Checks (MH) 11:30 MV Gem Fiddlers (MH) 1:00 Tai Chi Class (CFR) 1:00 Duplicate Bridge (MPR) 5:30pm - Laughter Therapy (MH)	9:00-4:00 SHBA Appts (RR) 11:30 Organ Music (MH) 11:55 Thunder Thurs Game (MH) 1:00-Thursdays Pinochle (CR) 1:00 Hand&Foot Canasta (CR) 3:30& 6:30 - Art Class (CFR) 6:00 - Ladies AA (MPR)	9:00 Quilting (QR) 10:30-Fit & Fall Proof (MH) 11:45-Lunch BINGO (MH) 1:00 Tai Chi Class (CFR) 1:30 - Art Class (CFR) 5:00-7:30 Bountiful Basket Pickup (MH)	
Sunday 2017-10-22	Monday 2017-10-23 Mushroom Salisbury Steak	Tuesday 2017-10-24 Teriyaki Chicken	Wednesday 2017-10-25 Creamy Pork Chops	Thursday 2017-10-26 Beef Enchilada Casserole	Friday 2017-10-27 Chicken Alfredo	Saturday 2017-10-28
	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 Syringa Place (MH) Vitamins & Minerals 1:00 Tai Chi Class (CFR) 1:00 - Monday Bridge (CR) 1:30 - Art Class (CFR) 4:30 TOPS Meeting (CR)	9:00-4:00 SHBA Appts (RR) 10:30 - Foot Clinic (CR) 11:45 Ticket Tues Game (MH) 1:00 Hand&Foot Canasta (CR) 3:30&6:30-Art Class (RR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:30 Legacy Band (MH) 12:00 BIRTHDAY LUNCH 1:00 Tai Chi Class (CFR) 1:00 Duplicate Bridge (MPR) 5:30pm - Laughter Therapy (MH)	9:00-4:00 SHBA Appts (RR) 11:30 Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:45 Visually Impaired Support Group Mtg (CR) 1:00-Thursdays Pinochle (CR) 1:00 Hand&Foot Canasta (CR) 3:30& 6:30 - Art Class (CFR) 6:00 - Ladies AA (MPR)	9:00 Quilting (QR) 10:30-Fit & Fall Proof (MH) 11:45-Lunch BINGO (MH) 1:00 Tai Chi Class (CFR) 1:30 - Art Class (CFR)	
Sunday 2017-10-29	Monday 2017-10-30 Chicken Fried Steak	Tuesday 2017-10-31 Halloween Feast/Zombie Eyeballs	 <p>TWIN FALLS SENIOR CENTER 208-734-5084 530 SHOSHONE STREET W., TWIN FALLS, IDAHO 83301 Center Office Hours Mon-Fri 8:00am to 5:00pm www.tfseniorcenter.com facebook - Twin Falls Senior Center VOLUNTEER DRIVERS & CENTER VOLUNTEERS NEEDED Call today to get started</p> 			
	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:30 Alliance Home Health Care Blood Pressure Checks (MH) 11:45 Mega Monday Game (MH) 12:15 City of Twin Falls (MH) Senior Citizens Advisory Forum 1:00 Tai Chi Class (CFR) 1:00 - Monday Bridge (CR) 1:30 - Art Class (CFR) 4:30 TOPS Meeting (CR)	9:00-4:00 SHBA Appts (RR) 11:30 Halloween Costume Contest (Congregate Members ONLY) 11:45 Ticket Tues Game (MH) 1:00 Hand&Foot Canasta (CR) 3:30&6:30-Art Class (RR) 6:30pm - Tues Pinochle (CR)				
			<p>Meal Costs: 60+ \$5.00 (suggested donation) Under 60 \$6.00 Kids 9 and Under \$3.00 Cinnamon Roll - \$2.00 Coffee - \$.50 Soup to Go: \$3.00 Lunch to Go: \$5.50</p>			