

11:30 Wed., Mar. 7 SHEERY BRENNAN	11:30 Wed., Mar. 14 MICHAEL JOHNSON	11:30 Wed., Mar. 21 GEM FIDDLERS	11:30 Wed., Mar. 28 JEFF & SANDY	11:30 Every Thur. PAT BLESSIN-ORGAN MUSIC	8:00 am Sat., Mar. 10 MARLA GARRETT	8:00 am Sat., Mar. 10 BREAKFAST
MARCH 2018 SPECIAL ENTERTAINMENT & EVENTS				Thursday 2018-03-01 Chicken Alfredo	Friday 2018-03-02 Sweet & Sour Pork	Saturday 2018-03-03
 TWIN FALLS SENIOR CENTER 734-5084 530 SHOSHONE STREET W., TWIN FALLS, IDAHO 83301 Center Office Hours Mon-Fri 8:00am to 5:00pm www.tfseniorcenter.com facebook - Twin Falls Senior Center VOLUNTEER DRIVERS & CENTER VOLUNTEERS NEEDED Call today to get started		 ROOM CODES QR - Quilting Room CR - Card Room CFR - Conference Room MPR - MultiPurpose Room RR - Relaxation Room MH - Main Hall		9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:15 Aspen University Student Carol Hunt (MH) Chronic Pain from Osteoarthritis 1:00 Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 - Art Class (CFR) 6:00 - Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof Exercise (MH) 11:45 Lunch BINGO (MH) 12:15 CSI Dental Hygiene Informational Talk (MH) 1:30 - Art Class (CFR) 2:00 Tai Chi (RR)	
Sunday 2018-03-04	Monday 2018-03-05 Swedish Meatballs	Tuesday 2018-03-06 Fish Fillet	Wednesday 2018-03-07 Chicken Cacciatore	Thursday 2018-03-08 Pepperoni Pan Pizza	Friday 2018-03-09 Beef Tips	Saturday 2018-03-10 \$8 Fundraising Breakfast
	9:00 Quilting (QR) 10:00 Ryan Anderson (CFR) Molina Special Needs Plan Info 10:30 - Fit & Fall Proof Exercise (MH) 11:45 Mega Monday Game (MH) 12:15 City of Twin Falls (MH) Senior Citizens Advisory Forum 1:00 Monday Bridge (CR) 1:30 Art Class (CFR) 2:00 Tai Chi (RR) 4:30 TOPS Meeting (CR)	9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 10:30 - Foot Clinic (CR) 11:45 Ticket Tues Game (MH) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Sheery Brennan (MH) Ballads of a Lady 1:00 Duplicate Bridge (MPR) 5:30pm - Laughter Therapy (MH)	9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 11:30 Pat Blessin/Organ Music (MH) 11:30 Progressive Nursing, PRN (MH) Blood Pressure Checks 11:55 Thunder Thurs Game (MH) 1:00 Thursday Pinochle (MPR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 - Art Class (CFR) 6:00 - Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 12:00 TF Community Foundation Mtg (CFR) 12:15 CSI Dental Hygiene Informational Talk (MH) 1:30 Art Class (CFR) 2:00 Tai Chi (RR) 5:00-7:00 Bountiful Basket Pickup (MH)	Marla Garrett Entertains MADE TO ORDER- Omelets! HAM, BACON, SAUSAGE, POTATOES BISCUITS & GRAVY, FRESH FRUIT, BREAD TRAYS, COFFEE, MILK, JUICE 11:00 Pioneer Button Club Mtg (CFR) 11:00-2:00 Ladies Clothing Swap (MH)
Sunday 2018-03-11	Monday 2018-03-12 Breakfast Bar	Tuesday 2018-03-13 Chicken Ala King	Wednesday 2018-03-14 Pot Roast	Thursday 2018-03-15 Spaghetti w/Meatballs	Friday 2018-03-16 Corned Beef & Cabbage	Saturday 2018-03-17
ABCL Unit 400 Bridge 12:00 - 4:00 pm DAYLIGHT SAVING TIME BEGINS	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 Siew Guan Lee-Univ of Idaho Extension - Go further w/Food 1:00 Monday Bridge (CR) 1:30 Art Class (CFR) 2:00 Tai Chi (RR) 4:30 TOPS Meeting (CR)	9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 11:45 Ticket Tues Game (MH) 12:15 Heritage Health Services (MH) Healthy Balance of Micros 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Michael Johnson (MH) 12:30 ID Volunteer Lawyer's (CR) Answering your legal Questions 1:00 Duplicate Bridge (MPR) 5:30pm - Laughter Therapy (MH)	6:30-9:00 City of Twin Falls Employee Breakfast (MH) 9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 1:00 Thursday Pinochle (MPR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 - Art Class (CFR) 5:00 MV Flyfishers Monthly Mtg (MH) 6:00 - Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 12:15 CSI Dental Hygiene Informational Talk (MH) 1:30 Art Class (RR)	St. Patrick's Day 
Sunday 2018-03-18	Monday 2018-03-19 Hamburger Stroganoff	Tuesday 2018-03-20 Fried Chicken	Wednesday 2018-03-21 Meatloaf	Thursday 2018-03-22 Navajo Taco Baked Potato	Friday 2018-03-23 Roast Pork w/Cream Sauce	Saturday 2018-03-24
	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 1:00 Monday Bridge (CR) 12:15 City of Twin Falls (MH) Senior Citizens Advisory Forum 1:30 Art Class (CFR) 2:00 Intro Computer Class (RR) 2:00 Tai Chi 4:30 TOPS Meeting (CR) 5:15 pm - TFSC Board Mtg (CFR)	FIRST DAY OF SPRING 9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 10:30 - Foot Clinic (CR) 11:45 Ticket Tues Game (MH) 1:00 Hand & Foot Canasta (CR) 3:30&6:30 Art Class (CFR) 6:30pm - Tues Pinochle(CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Gem Fiddlers (MH) 1:00 Duplicate Bridge (MPR) 2:00 Intro Computer Class (RR) 5:30pm - Laughter Therapy (MH)	9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:15 Syringa Place (MH) My Plate for Older Adults 1:00-Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 - Art Class (CFR) 6:00 Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 12:15 ID Home Health & Hospice (MH) Important Elements of a Healthy Diet 1:30 Art Class (RR) 2:00 Tai Chi (RR) 5:00-7:00 Bountiful Basket Pickup (MH)	
Sunday 2018-03-25	Monday 2018-03-26 Chicken Fried Steak	Tuesday 2018-03-27 Pork Stir Fry	Wednesday 2018-03-28 Liver & Onions/Baked Chicken	Thursday 2018-03-29 Lasagna	Friday 2018-03-30 Baked Ham	Saturday 2018-03-31 TFSC MEAL COSTS
Palm Sunday	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 Bridgeview (MH) Benefits of Vitamin D 1:00 Monday Bridge (CR) 1:30 Art Class (CFR) 2:00 Intro Computer Class (RR) 2:00 Tai Chi 4:30 TOPS Meeting (CR)	9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 11:45 Ticket Tues Game (MH) 1:00 Hand & Foot Canasta (CR) 3:30&6:30 Art Class (CFR) 6:30pm - Tues Pinochle(CR)	Cinnamon Rolls for Sale 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Jeff & Sandy (MH) 12:00 BIRTHDAY LUNCH 1:00 Duplicate Bridge (MPR) 2:00 Intro Computer Class (RR) 5:30pm - Laughter Therapy (MH)	9:00 am - Noon 1:00 - 4:00 pm AARP TAX Appointments (CFR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:45 Visually Impaired Support Group Mtg (CFR) 1:00-Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 - Art Class (CFR) 6:00 Ladies AA (MPR)	GOOD FRIDAY 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 1:30 Art Class (RR) 2:00 Tai Chi (RR)	Age 60 & over \$5.00 (suggested donation) Under 60 \$6.00 Under 9 \$3.00 Lunch to Go \$6.00 Cinnamon Roll \$2.00 Coffee \$.50 Soup to Go \$4.00