

11:30 Wed., APR. 4 SHEERY BARNHART	11:30 Wed., APR. 11 MICHAEL JOHNSON	11:30 Wed., APR. 18 MV GEM FIDDLERS	11:30 Wed., APR. 25 JEFF & SANDY	11:30 Every Thur. PAT BLESSIN - ORGAN MUSIC	8:00am, Sat., APR. 14 VOLUNTEER APPRECIATION	8:00 am Sat., APR. 14 BREAKFAST
APRIL 2018	Minimum Daily Serving Size - 2 oz of Meat/Protein, 1/2 cup of cooked/canned fruit and vegetables, or 1 cup fresh fruit and fresh vegetables, 1/3 to 1/2 cup of grains & 1 slice of bread (half to be whole grain), 1 cup of milk or dairy, dessert is an optional - minimum 1 oz serving					APRIL 2018
Sunday 2018-04-01	Monday 2018-04-02 Lamb/Ham Loaf	Tuesday 2018-04-03 Meatballs w/Vodka Sauce	Wednesday 2018-04-04 BBQ Chicken	Thursday 2018-04-05 Fish Fillet w/Tarter Sauce	Friday 2018-04-06 Broccoli Beef	Saturday 2018-04-07
Happy Easter!  & April Fool's Day	Tropical Pear Seven Layer Salad Fruit Wild Rice Pilaf Caribbean Blend Vegetables Cranberry Bread Tapioca Pudding	Romaine Strawberry Salad Apple Broccoli Salad Fruit Penne Pasta Green & Wax Beans Focaccia Bread Lemon Bar	Green Salad Strawberry Banana Cheesecake Salad Fruit Baked Macaroni & Cheese Corn on the Cob Herbed Roll Chocolate Cake	Under the Sea Gelatin Salad Crab Salad Fruit Tator Tot Casserole Sunshine Carrots Spoonbread Cowboy Cookie	Asian Coleslaw Parfait Salad Fruit Fried Rice Sauteed Cabbage Potstickers Mixed Berry Crumb Cobbler	
Sunday 2018-04-08	Monday 2018-04-09 Burgundy Beef tips	Tuesday 2018-04-10 Baked Caesar Chicken	Wednesday 2018-04-11 Boneless Pork w Cream Sauce	Thursday 2018-04-12 Crispy Chicken Wings	Friday 2018-04-13 Salisbury Steak	Saturday 2018-04-14 \$7 Fundraising Breakfast
ABCL Unit 400 Bridge 12:00-4:00	Loaded Vegetable Green Salad Creamy Mandarin Salad Fruit Egg Noodles Buttered Zucchini Slice of Wheat Bread Snickerdoodle Cookie	Brown Rice Spinach Salad Very Vanilla Fruit Salad Fruit Chili Roasted Broccoli w/cheese Breakstick Mandarin Cake	Macaroni Salad Spinach Salad Fruit Orzo Rice Peas & Onions Cranberry Bread Ice Box Cake	Spring Mix Salad Broccoli Cranberry Salad Fruit Chicken Broccoli Rice Casserole Celery Sticks Garlic Bread Oatmeal Raisin Cookie	Frog Eye Salad Green Salad Fruit Garlic Mashed Potatoes Spinach Artichoke Bake Slice of Wheat Bread Smores Pizza Bar	Volunteer Appreciation Breakfast Eggs Benedict Ham, Sausage, Bacon Potato Casserole, Biscuit & Gravy Fresh Fruit, Bread Trays Coffee, Milk, & Juice <i>11:00 Pioneer Button Club MTG</i>
Sunday 2018-04-15	Monday 2018-04-16 Breakfast Bar	Tuesday 2018-04-17 Mexican Casserole	Wednesday 2018-04-18 Fried Chicken	Thursday 2018-04-19 Meat Lasagna/Vegi Lasagna	Friday 2018-04-20 Beef Stroganoff	Saturday 2018-04-21
	Mixed Fresh Fruit Salad Ham & Cheese Omelette Mixed Fresh Fruit Hashbrown Casserole Slice of Ham w/2 Sausage Links Crepe w/Butter & Jam Rice Krispie Treat	Southwestern Chopped Salad Jello w/fruit Fruit Mexi Fried w/Nacho Cheese Refried Beans Tortilla Oatmeal Butterscotch Cookie	Mustard Potato Salad Veggie Green Salad Fruit Vermicelli Rice Pilaf Corn on the Cob Herbed Roll Lemon Cream Pie	Caesar Salad Cottage Cheese w/Fruit Fruit Green Beans w/Bacon & Onion Focaccia Bread Pumpkin Chocolate Chip Muffin	Pea Salad Romaine & Red Cabbage Salad Fruit - Orange Egg Noodles Glazed Baby Carrots Slice of Wheat Bread Apricot Fruit Tart	
Sunday 2018-04-22	Monday 2018-04-23 Chicken & Sausage Jambalaya	Tuesday 2018-04-24 Liver & Onions/Chopped Steak	Wednesday 2018-04-25 Baked Ham w/Pineapple	Thursday 2018-04-26 BBQ Pulled Pork	Friday 2018-04-27 Chicken Fried Steak	Saturday 2018-04-28
	Greek Bowtie Pasta Salad Caesar Salad Fruit Coconut Rice Grilled Vegetables Italian Roll Chocolate Crinkle Cookie	Romaine Green Salad Fiesta Cauliflower Rice Salad Fruit Mashed Potatoes w/gravy Bacon Brussel Sprouts Onion Dill Roll Berry Cheesecake Bar	Wild Rice Cranberry Salad Mixed Green Salad Fruit Apple Raisin Stuffing Colorful Cauliflower Slice of Wheat Bread BirthDay Cake	Rainbow Rotini Salad Creamy Coleslaw Fruit Cowboy Baked Beans Collard Greens w/Ham Sandwich Bun Pineapple Upside Down Cake	Veggie Grain Salad Orange Dreamsicle Salad Fruit Mashed Potatoes & Country Gravy Asparagus Blend Vegetables Parmesan Roll Peanut Butter Bar	
Sunday 2018-04-29	Monday 2018-04-30 Curry Chicken	Bold Italic Salad will go out with Home Delivered Meals (HDM)	 <p>TWIN FALLS SENIOR CENTER 208-734-5084 530 SHOSHONE STREET W., TWIN FALLS, IDAHO 83301 Center Office Hours Mon-Fri 8:00am to 5:00pm www.tfseniorcenter.com facebook - Twin Falls Senior Center VOLUNTEER DRIVERS & CENTER VOLUNTEERS NEEDED Call today to get started</p>			TFSC MEAL COSTS
	Oriental Salad Ambrosia Salad Fruit Steamed Brown Rice Japanese Blend Stir-fry Vegetables Pitas Molasses Cookie	Daily HDM Meal Drink Choices 2% MILK ORANGE/APPLE JUICE NON FAT CHOCOLATE MILK				Age 60 & over \$5.00 (suggested donation) Under 60 \$6.00 Under 9 \$3.00 Lunch to Go \$6.00 Cinnamon Roll \$2.00 Coffee \$.50 Soup to Go \$3.00
		Daily CENTER Meal Drink Choices WATER TEA COFFEE MILK				