

11:30 Wed., SEPT. 5 SHEERY BARNHART	11:30 Wed., SEPT. 12 MICHAEL JOHNSON	11:30 Wed., SEPT. 19 MV GEM FIDDLERS	11:30 Wed., SEPT. 26 JEFF & SANDY	11:30 Every Thur. PAT BLESSIN - ORGAN MUSIC	8:00am, Sat., SEPT. 8 MARLA GARRETT	8:00am, Sat., SEPT. 8 FUNDRAISING BREAKFAST
Sunday 2018-09-02	Monday 2018-09-03	Tuesday 2018-09-04	Wednesday 2018-09-05	Thursday 2018-09-06	Friday 2018-09-07	Saturday 2018-09-08
LABOR DAY HOLIDAY CENTER CLOSED HDM delivered on 8/31/18	LABOR DAY HOLIDAY CENTER CLOSED HDM delivered on 8/30/18	Fried Chicken 10:00 Oigong/Chi Gong(CFR) NEW 11:45 Ticket Tues Game (MH) 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 4:30 TOPS Meeting (CR) 6:30pm - Tues Pinochle (CR)	BBQ Pulled Pork Cinnamon Rolls for Sale - \$3.00 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Sheery Barnhart (MH) <i>Ballads of a Lady</i> 1:00 Duplicate Bridge (MPR) 2:00 Tai Chi Class (RR) 5:30pm Laughter Therapy (MH)	Fish Fillet w/Tarter Sauce 8:30 AARP Driver's Safety Class (CFR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:15 Idaho Home Health & Hospice <i>Creating a Holiday Diet Plan (MH)</i> 1:00 Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00pm Ladies AA (MPR)	Chicken Parmesan 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 12:15 Park's Funeral Home (MH) <i>Facts of Preplanning your Funeral</i> 1:30 Art Class (CFR) 2:00 Tai Chi Class (RR) 4:00 Art Class (CFR) 6:00-7:00 Bountiful Basket Pickup (MH)	\$8 Fundraising Breakfast EGGS BENEDICT HAM, SAUSAGE, BACON, POTATOES, BISCUITS & GRAVY FRESH FRUIT, BREAD TRAYS COFFEE, MILK, JUICE
Sunday 2018-09-09	Monday 2018-09-10 Breakfast Bar	Tuesday 2018-09-11 Swedish Meatballs	Wednesday 2018-09-12 Chicken Fried Steak	Thursday 2018-09-13 Chicken/Cheese Enchilada	Friday 2018-09-14 Roasted Turkey	Saturday 2018-09-15 First Day of Autumn
12:00-4:00 ABCL UNIT 400 BRIDGE (MPR) Happy Grandparents' Day	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 Siew Guan Lee-Univ of ID Extension - Portion Distortion 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (CFR) 2:00 Tai Chi Class (CFR) 4:30 TOPS Meeting (CR)	Patriot Day 10:00 Oigong/Chi Gong(CFR) 10:30 Foot Clinic (RR) 11:00 Harrison's Home (MH) <i>Blood Pressure Checks</i> 11:45 Ticket Tues Game (MH) 12:15 Special Patriotic Presentation (MH) 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale - \$3.00 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Michael Johnson (MH) 12:30 ID Volunteer Lawyer's (CFR) <i>Answering your Legal Questions</i> 1:00 Duplicate Bridge (MPR) 2:00 Tai Chi Class (RR) 5:30pm Laughter Therapy (MH)	11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:15 Heritage Health Services (MH) <i>Effects of Sitting Too Long</i> 1:00 Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00 Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 1:30 Art Class (CFR) 2:00 Tai Chi Class (RR) 4:00 Art Class (CFR)	 TF Senior Center Recognition 40th Year - NOON TF CITY PARK 11:00 am - 3:00 pm Free BBQ & Community Awareness
Sunday 2018-09-16	Monday 2018-09-17 Mushroom Salisbury Steak	Tuesday 2018-09-18 Crispy Chicken Wings	Wednesday 2018-09-19 Chopped Steak/Liver & Onions	Thursday 2018-09-20 Boneless Pork w Cream Sauce	Friday 2018-09-21 Lasagna	Saturday 2018-09-22
	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 Syringa Place (MH) <i>Benefits of Walking</i> 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (CFR) 2:00 Tai Chi Class (RR) 4:30 TOPS Meeting (CFR) 5:15 pm TFSC Board Mtg (CFR)	10:00 - Oigong/Chi Gong(CFR) 11:00 Horizon Home Health (MH) <i>Blood Pressure Checks</i> 11:45 Ticket Tues Game (MH) 12:15 Horizon Home Health (MH) <i>Respiratory Concerns</i> 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale - \$3.00 9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 10:30 Alzheimer's Support Group (CR) 11:00 Ryan Anderson (CFR) Molina Open Enrollment Plan Choices 11:30 MV Gem Fiddlers (MH) 1:00 Duplicate Bridge (MPR) 2:00 Tai Chi Class (RR) 5:30pm - Laughter Therapy (MH)	11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 1:00-Thursday Pinochle (CR) 1:00 Hand&Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00 - Ladies AA (MPR) 6:00 Magic Valley Fly Fishers (MH) <i>Monthly Meeting & Potluck</i>	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 1:30 Art Class (CFR) 2:00 Tai Chi Class (RR) 4:00 Art Class (CFR) 6:00-7:00 Bountiful Basket Pickup (MH)	 2018 Walk to End Alzheimer's - MV Registration @ 10:00 am Ceremony @ 11:00 am Walk @ 11:30 am College of Southern ID 315 Falls Avenue
Sunday 2018-09-23	Monday 2018-09-24 Baked Ham	Tuesday 2018-09-25 Chicken Stir Fry	Wednesday 2018-09-26 Chicken Bacon Alfredo	Thursday 2018-09-27 Beef Stroganoff	Friday 2018-09-28 Navajo Taco Baked Potato	Saturday 2018-09-29
	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (CFR) 2:00 Tai Chi Class (RR) 4:30 TOPS Meeting (CR)	10:00 Oigong/Chi Gong(CFR) 10:30 Foot Clinic (RR) 11:45 Ticket Tues Game (MH) 12:15 Bridgeview Estates (MH) <i>Falling into Healthy Eating Habits</i> 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale - \$3.00 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Jeff & Sandy (MH) 12:00 BIRTHDAY LUNCH 1:00 Duplicate Bridge (MPR) 2:00 Tai Chi Class (RR) 5:30pm Laughter Therapy (MH)	11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:45 Visually Impaired Support Group Mtg (CR) 1:00 Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00 Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 1:30 Art Class (CFR) 2:00 Tai Chi Class (RR) 4:00 Art Class (CFR)	 Twin Falls Senior Center 3rd Annual 5K Fun Run 9:00 am start time Rock Creek Canyon Pkwy 136 Maxwell Avenue Raising funds the fun way!
Sunday 2018-09-30	Monday 2018-09-30 Sweet n Sour Pork	NOTE:	 TWIN FALLS SENIOR CENTER 208-734-5084 530 SHOSHONE STREET W., TWIN FALLS, IDAHO 83301 Center Office Hours Mon-Fri 8:00am to 5:00pm www.tfseniorcenter.com facebook - Twin Falls Senior Center VOLUNTEER DRIVERS & CENTER VOLUNTEERS NEEDED Call today to get started		 Meal Costs: 60+ \$5.00 (suggested donation) Under 60 \$6.00 Kids 9 and Under \$3.00 Cinnamon Roll - \$3.00 Coffee - \$.50 Soup to Go: \$3.00 Lunch to Go: \$6.00	
	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (CFR) 2:00 Tai Chi Class (RR) 4:30 TOPS Meeting (CR)	Room Codes QR - Quilting Room CR - Card Room CFR - Conference Room MPR - MultiPurpose Room RR - Relaxation Room MH - Main Hall				