

11:30 Wed, NOV 7 SHEERY BARNHART	11:30 Wed, NOV 14 MICHAEL JOHNSON	11:30 Wed, NOV 21 GEM FIDDLERS	11:30 Wed, NOV 28 JEFF & SANDY	11:30 Every Thur. PAT BLESSIN-ORGAN MUSIC	8:00 am Sat, NOV 10 MARLA GARRETT	8:00 am Sat, NOV 10 BREAKFAST	
NOVEMBER 2018 SPECIAL ENTERTAINMENT & EVENTS				Thursday 2018-11-01 AuGratin Shepherd's Pie	Friday 2018-11-02 Caesar Chicken	Saturday 2018-11-03	
 <p style="text-align: center;">TWIN FALLS SENIOR CENTER 208-734-5084 530 SHOSHONE STREET W., TWIN FALLS, IDAHO 83301 Center Office Hours Mon-Fri 8:00am to 5:00pm www.tfseniorcenter.com facebook - Twin Falls Senior Center VOLUNTEER DRIVERS & CENTER VOLUNTEERS NEEDED Call today to get started</p> 			ROOM CODES QR - Quilting Room CR - Card Room CFR - Conference Room MPR - MultiPurpose Room RR - Relaxation Room MH - Main Hall		9:00-4:00 SHIBA Appts (RR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:15 Idaho Home Health & Hospice Thanksgiving with a healthy twist 12:30 Idaho Home Health & Hospice Memorials & Salutes for Veterans & Caregivers 1:00 Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00 Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 1:30 Art Class (CFR) 4:00 Art Class (CFR) 6:00-7:00 Bountiful Basket Pickup (MH)	
Sunday 2018-11-04	Monday 2018-11-05 Hot Deli Roast Beef	Tuesday 2018-11-06 Sweet & Sour Pork	Wednesday 2018-11-07 Chicken Fried Steak	Thursday 2018-11-08 Lasagna	Friday 2018-11-09 Beef Tips w/gravy	Saturday 2018-11-10 \$8 Fundraising Breakfast	
	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 City of Twin Falls (MH) Senior Citizens Advisory Forum 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (CFR) 4:30 TOPS Meeting (CR)	9:00-4:00 SHIBA Appts (RR) 10:00 Oigong/Chi Gong(CFR) 10:30 Foot Clinic (RR) 11:00 Harrison's Home (MH) Blood Pressure Checks 11:45 Ticket Tues Game (MH) 12:15 Harrison's Home (MH) Thanksgiving Tips for Seniors/Caregivers 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 5:30 Oigong/Chi Gong(CFR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale - \$3.00 9:00-4:00 SHIBA Appts (RR) 9:00 Quilting (QR) 10:00 Molina - Duel Enrollment Q&A 10:30 Fit & Fall Proof (MH) 11:30 Sheery Barnhart (MH) Ballads of a Lady 1:00 Duplicate Bridge (MPR) 5:30pm Laughter Therapy (MH)	9:00-4:00 SHIBA Appts (RR) 9:00 -1:00 TFSC Sew Group (CFR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 1:00 Molina - Duel Enrollment Q&A 1:00 Thursday Pinochle (CR) 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00 Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:30 Healthy Living (MH) Blood Pressure Checks 11:45 Lunch BINGO (MH) 12:00 Community Foundation Mtg (CFR) 12:15 Healthy Living (MH) Fall Prevention 1:30 Art Class (CFR) 4:00 Art Class (CFR)	Marla Garrett Entertains BREAKFAST FRITTATAS HAM, BACON, SAUSAGE, POTATOES BISCUITS & GRAVY, FRESH FRUIT, BREAD TRAYS, COFFEE, MILK, JUICE 11:00 Pioneer Button Club Mtg (CFR)	
Sunday 2018-11-11	Monday 2018-11-12 Bacon Beef Mac & Cheese	Tuesday 2018-11-13 Chicken Rice & Dumplings	Wednesday 2018-11-14 Meatloaf	Thursday 2018-11-15 Turkey-Thanksgiving Lunch	Friday 2018-11-16 Pork Alfredo	Saturday 2018-11-17	
ABCL Unit 400 Bridge 12:00 - 4:00 pm	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 Siew Guan Lee-Univ of ID Ext. Healthy Holiday Eating 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (CFR) 4:30 TOPS Meeting (CR)	9:00-4:00 SHIBA Appts (RR) 10:00 Oigong/Chi Gong(RR) 11:00 Horizon Home Health (MH) Blood Pressure Checks 11:45 Ticket Tues Game (MH) 12:15 Horizon Home Health (MH) Combating Holiday Weight Gain 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 5:30 Oigong/Chi Gong(CFR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale - \$3.00 9:00-4:00 SHIBA Appts (RR) 9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 10:00 Ryan Anderson - Molina Open & Duel Enrollment Q&A 11:30 Michael Johnson (MH) 12:30 ID Volunteer Lawyer's (CFR) Answering your Legal Questions 1:00 Duplicate Bridge (MPR) 5:30pm Laughter Therapy (MH) 7:30 Orpheum Theatre - Standing Ovation- Festival of Giving Benefit	9:00-4:00 SHIBA Appts (RR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:15 Heritage Home Health & Hospice Maintaining your Sugar Levels during the Holidays (MH) 1:00 Thursday Pinochle (CR) 1:00 Molina - Duel Enrollment Q&A 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00 Ladies AA (MPR) 6:00 Magic Valley Fly Fishers (MH) Monthly Meeting & Potluck	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 1:30 Art Class (CFR) 4:00 Art Class (CFR) 6:00-7:00 Bountiful Basket Pickup (MH) 6:00 pm Festival of Giving Gala Fleur de Lis Ranch	Festival of Giving 9:00 -11:00 am Breakfast w/Santa Fleur de Lis Ranch  7:00 pm - resvau of giving BBQ Brews & Bids	
Sunday 2018-11-18	Monday 2018-11-19 Fried Chicken	Tuesday 2018-11-20 Beef Stroganoff	Wednesday 2018-11-21 Baked Ham	Thursday 2018-11-22 Thanksgiving	Friday 2018-11-23 Thanksgiving Holiday	Saturday 2018-11-24	
Festival of Giving 12:00 am - 5:00 pm Family Day Fleur de Lis Ranch Please support area non-profits including the Twin Falls Senior Center	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 12:15 City of Twin Falls (MH) Senior Citizens Advisory Forum 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (MH) 4:30 TOPS Meeting (CR) 5:15 TFSC Board Meeting (CFR) Festival of Giving Senior Social 10:00 am - 4:00 pm Fleur de Lis Ranch	9:00-4:00 SHIBA Appts (RR) 10:00 Oigong/Chi Gong(CFR) 10:30 Foot Clinic (RR) 11:30 BSU Students - Blood Pressure Cks 11:45 Ticket Tues Game (MH) 12:15 Mikayla Jones-BSU Student (MH) Heart Disease-ABC's to Prevention 12:30 Sladana Cucic-BSU Student (MH) Stroke - How to Act FAST 11:45 Ticket Tues Game (MH) 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 5:30 Oigong/Chi Gong(CFR) 6:30pm - Tues Pinochle (CR)	NO Cinnamon Rolls this week 9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 10:30 Alzheimer's Support Group (CR) 11:30 MV Gem Fiddlers (MH)	 CENTER closed for Thanksgiving Holiday HDM MEALS WILL BE DELIVERED TUESDAY 20th	 CENTER closed for Thanksgiving Holiday HDM MEALS WILL BE DELIVERED TUESDAY 20th	 CENTER closed for Thanksgiving Holiday HDM MEALS WILL BE DELIVERED WEDNESDAY 21st	
Sunday 2018-11-25	Monday 2018-11-26 Swedish Meatballs	Tuesday 2018-11-27 Fish Fillet	Wednesday 2018-11-28 Chicken Bacon Alfredo	Thursday 2018-11-29 Honey Glazed Pork	Friday 2018-11-30 Pot Roast	TFSC MEAL COSTS	
CENTER closed for Thanksgiving Holiday HDM MEALS WILL BE DELIVERED WEDNESDAY 21st	9:00 Quilting (QR) 10:30 - Fit & Fall Proof (MH) 11:45 Mega Monday Game (MH) 1:00 Monday Bridge (CR) 1:30 & 4:00 Art Class (CFR) 4:30 TOPS Meeting (CR)	9:00-4:00 SHIBA Appts (RR) 10:00 Oigong/Chi Gong(CFR) 11:45 Ticket Tues Game (MH) 1:00 Hand & Foot Canasta (CR) 1:30 & 4:00 Art Class (RR) 5:30 Oigong/Chi Gong(CFR) 6:30pm - Tues Pinochle (CR)	Cinnamon Rolls for Sale - \$3.00 9:00-4:00 SHIBA Appts (RR) 9:00 Quilting (QR) 10:00 Molina - Duel Enrollment Q&A 10:30 Fit & Fall Proof (MH) 11:30 Jeff & Sandy (MH) 12:00 BIRTHDAY LUNCH 1:00 Duplicate Bridge (MPR) 5:30pm Laughter Therapy (MH)	9:00-4:00 SHIBA Appts (RR) 11:30 Pat Blessin/Organ Music (MH) 11:55 Thunder Thurs Game (MH) 12:45 Visually Impaired Support Group Mtg Nutritional Foods for Seniors (CFR) 1:00 Thursday Pinochle (CR) 1:00 Molina - Duel Enrollment Q&A 1:00 Hand & Foot Canasta (CR) 3:30 & 6:30 Art Class (CFR) 6:00 Ladies AA (MPR)	9:00 Quilting (QR) 10:30 Fit & Fall Proof (MH) 11:45 Lunch BINGO (MH) 1:30 Art Class (CFR) 4:00 Art Class (CFR) 6:00-7:00 Bountiful Basket Pickup (MH)	Age 60 & over \$5.00 (suggested donation) Under 60 \$6.00 Under 9 \$3.00 Lunch to Go \$6.00 Cinnamon Roll \$3.00 Coffee \$.50 Soup to Go \$4.00	